

SALA 1.0

SPOGLIATOIO 1.1

	LUN	MAR	MER	GIO	VEN
		7.00 - 7.30 Yoga Online		10.30 - 11.30 Ginnastica Dolce Del Mattino	7.00 - 7.30 Yoga Online
	12.45 - 13.15 Yoga Online		12.45 - 13.15 Yoga Online		
15.30	15.30 - 17.00 Hip Hop Teen The Groovers		15.30 - 17.00 Hip Hop Teen The Groovers		
16.00					16.15 - 17.00 Gioco Danza
16.15					
17.00		17.00 - 18.00 Hip Hop Junior The Smarties		17.00 - 18.00 Hip Hop Junior The Smarties	17.00 - 18.00 Propedeutica
17.30					
18.00		18.00 - 19.00 Hip Hop Teen The Scratchers		18.00 - 19.00 Hip Hop Teen The Scratchers	
18.30	18.30 - 20.00 Modern Teen		18.30 - 20.00 Modern Teen		
19.00					19.00 - 20.30 Pole Dance
19.30					
20.00	20.00 - 21.00 Hip Hop Adulti Base Nevertoolate	20.00 - 21.00 House	20.00 - 21.00 StreetJazz 1	20.00 - 21.00 StreetJazz 2	
20.30					
21.00	21.00 - 22.30 Hip Hop Intermedio The Absolute	21.00 - 22.30 Hip Hop Avanzato The Sbrengners	21.00 - 22.30 Hip Hop Intermedio The Absolute	21.00 - 22.30 Hip Hop Avanzato The Sbrengners	
21.30					
22.00					

SALA 2.0

SPOGLIATOIO 2.1

	LUN	MAR	MER	GIO	VEN
16.15					
16.30			16.15 - 17.00 Gioco Danza		
17.00	17.00 - 18.00 Modern Junior		17.00 - 18.00 Propedeutica	17.00 - 18.00 Modern Junior	
17.30					
18.00	18.00 - 19.00 Modern Kids	18.00 - 19.00 Body Flying Ginnastica sulle amache	18.00 - 19.00 Classico	18.00 - 19.00 Modern Kids	18.00 - 19.00 Classico
18.30					
19.00	19.00 - 20.00 Video Dance	19.00 - 20.00 Pilates	19.00 - 20.00 Body Flying Ginnastica sulle amache	19.00 - 20.00 Yoga	
19.30					
20.00	20.00 - 21.00 Body Flying Ginnastica sulle amache	20.00 - 21.00 Modern Adulti Base	20.00 - 21.00 Body Tonic Ginnastica per tutti	20.00 - 21.00 Body Flying Ginnastica sulle amache	
20.30					
21.00					
21.30		21.00 - 22.30 Modern Avanzato		21.00 - 22.30 Modern Avanzato	
22.00					
22.30					